

TEAMS:

A team consists of a maximum of 10 players on the court (12 on the roster) - Maximum of 7 males and minimum of 3 females. 3 females must play in each game on the court or it is a forfeit.

TIME/RESULTS:

- a) 5 minutes per game, 3 games per match, 15 minutes per match. Teams will switch sides of the court after each game.
- b) When all the players of one team have been eliminated or after the time limit has elapsed and the team with the least amount of players wins.
- c) Report games, win/losses to the supervisor.
 1. 1 point per game won
 2. 3 points for winning a match (at least 2 out of 3 games).
 3. 1 bonus point for winning all three games within a match.
- d) The Maximum number of points a team can get is 7.

PLAY:

- a) To start the game each team starts behind their respective end line on their stomachs.
- b) Once the initial whistle or horn will sound, all participants will race to the mid-line to try and retrieve balls. YOU cannot go over the middle line with your feet.
- b) There are three 8.5 inch and three 6-inch balls that are placed at the mid-line.
 1. Male players can only use the 6-inch balls (small Balls) when all of the opposing teams' females have been eliminated. If male player throws smaller ball prior, they are considered eliminated.
 2. Females may use either size ball, at any time.
- c) If a player is hit by a "fly ball" from the opposing team that player is out.
- d) If a player catches a "fly ball", the thrower is out and the entire team may re-enter the court of play.
- e) A player who is hit in the head by a direct ball is not out.
- f) A person throwing, head-shot-ball, is eliminated from play, but can return on a caught ball by a teammate
- g) A ball deflected by a held ball, whether caught or not, does not result in player elimination.
- h) A ball rebounding off a "catch" attempt may be caught before touching the floor by any in bounds player. Result: the thrower is out.
- i) Out-of-Bounds: Catching a ball out-of-bounds does not count. Out of bounce is defined as a person completely outside the lines.
- j) If a ball is deflected off one player and he/she or a teammate catches it out-of-bounds, the first player is still out because the catch does not count.
- k) Anything caught or thrown or being hit outside of the boundaries of the court does not count.
- l) A ball rebounding off a wall, backboard etc. does not eliminate a player.
- m) When all the players of one team have been eliminated, the other team wins that game and reports the score to the supervisor. A new game begins if time is remaining.
- n) Players may not hold balls for more than 10 seconds in their hands- after 10 seconds the balls must be thrown or rolled to the other side. If you pick it up and hold the ball it must go to the other side after 10 seconds.

Be Honest and play safe

AREA OF ELIMINATED PLAYERS:

- a) Eliminated players on each court will need to stay out of bounds. Re-enter on a "caught" ball a teammate or a new game starts.
- b) Eliminated players may throw an out of bounds ball back to their team only.

TIE BREAKER RULE:

During tournament play if the games are tied at time limit, there will be a one minute speed ball round. All ten players will be back on the court and will play for 1 minute. At the end of the 1 minute, the team with the most players left will win. **In the speed round, if a ball is caught, the thrower is out, but no one can come back into the game.**