

In the Spotlight: Multitasking Moms

Julie Hornung uses Keva Sports Center to keep her children healthy and active. Her busy lifestyle involves caring for her three children and running a home-based business. She said, “My kids always come first when I schedule things.”

For the last year, Julie has worked with Shaklee Corporation on Project Mahma. This health and wellness home-based business allows her to work part time while having the flexibility to be there for her family. Project Mahma serves as a national coalition of moms at home making a difference, and that is exactly what Julie does. While planning events that promote healthy homes and healthy youth, Julie still finds time to volunteer in her community and keep her children engaged



in sports and after-school activities.

The decision to spend her family’s valuable free time at Keva Sports Center came because of the variety of activities Keva has to offer. Their indoor soccer and basketball kept her two daughters, 8 and 6, busy during the winter season. Julie found participated in “my first sports” with her three year old son.

The Hornung children love taking advantage of Keva’s Open Play times, and specifically favor the climbing structures and the bouncy house. “When we go there I feel like I get exercise too,” Julie said. “I’m playing with the kids and its good for me too.”

With a home-based business and three children to take care of, scheduling becomes a hectic task. Julie appreciates Keva’s online communication because it shows her the schedule of available classes and open-play times that she can easily coordinate with others.

“I’ve organized play groups with the open play because I get the information electronically and then email my friends.”

Keva is not only a place for the children: Julie emphasized that it’s, “A great place to go and meet other moms that have kids around the same age. They have fun and we have fun.”

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-Julie Hornung
Multitasking Mom

Other ways the Hornung family stays active are through the Little Flowers Club, Girl Scouts, and basketball offered through their local school system. They participate in volunteering efforts sponsored by the Middleton Outreach Ministry, the Salvation army and the Ronald McDonald house.

-By Samantha Ganz

