

# KEVA – MY FIRST SPORTS CAMP July 7-11



**THEME: Pirate**

## **MONDAY'S ACTIVITIES:**

AM- Track & Field, Flag Football, Reptile Games  
PM- Soccer, Beach Ball VB, Games  
AM Craft: Pirate Chests PM Craft: Activity Sheets

## **MENU:**

AM SNACK: Graham Crackers & Apples  
LUNCH: Spaghetti & Animal Cookies  
PM SNACK: Chocolate Pudding

## **TUESDAY'S ACTIVITIES:**

AM- Balloon Tennis, Yard Games, Sand Hunt  
PM- T-Ball, Basketball, Sand Hunt  
AM Craft: Frame PM Craft: Door Hanger

## **MENU:**

AM SNACK: Rice Crispie Bar & Apples  
LUNCH: Hot Dogs/ Chips  
PM SNACK: Popsicle & Oranges

## **WEDNESDAY'S ACTIVITIES:**

AM-Track & Field Games, Flag Football, Map games  
PM- Soccer, Beach Ball VB, Map games  
AM/ PM Craft: Sidewalk Chalk

## **MENU:**

AM SNACK: Goldfish (cheddar) & Carrots  
LUNCH: Pizza (cheese or pepperoni)  
PM SNACK: Party Mix & Apples

## **THURSDAY'S ACTIVITIES:**

AM- Balloon Tennis, Yard Games, Tag  
PM- T-Ball, Basketball, Tag  
AM Craft: Bead Necklace PM Craft: Bandanas

## **MENU:**

AM SNACK: Cheese & Crackers & Oranges  
LUNCH: Subway- Turkey & Chips & Carrots  
PM SNACK: Pretzels & Apples

## **FRIDAY'S ACTIVITIES:**

AM-Outside Water Fun, Kids Choice  
PM-Outside Water Fun, Kids Choice  
AM/PM Craft: Coaches Choice

## **MENU:**

AM SNACK: Party Mix & Fruit  
LUNCH: Chicken Nuggets/ Chips  
PM SNACK: Goldfish (Cheddar) & Fruit

**\*Alert Staff of ANY FOOD ALLERGIES**

**KEVA SPORTS CENTER  
608-662-7529**

**\*IF your child will not or cannot eat  
the snacks and lunches provided,  
please send a  
substitute with them that day.**