

**Super Sports Camp July 28-Aug1
8am-4:30**



MONDAY'S ACTIVITIES:

AM-Team Games, Ultimate Frisbee
PM- Scavenger Hunt, AMA Martial Arts @ KEVA

MENU:

AM SNACK: Goldfish (cheddar)
LUNCH: Hot Dogs/ Chips
PM SNACK: Animal Crackers & Apples

TUESDAY'S ACTIVITIES:

AM-Vitense- Bus leaves at 9:30 and returns at 12
PM- Basketball, Tag games, dodgeball

MENU:

AM SNACK: Graham Crackers & watermelon
LUNCH: Pizza (cheese or pepperoni)
PM SNACK: Goldfish (Cheddar) & Oranges

WEDNESDAY'S ACTIVITIES:

Crystal Lake- Lodi Bus leaves at 9:30 and returns at
3:30- Bring suit, towel, sunscreen

MENU:

AM SNACK: Fruit Snacks
LUNCH: Subway- Turkey & Chips & Carrots
PM SNACK: Popsicle/ Fruit

THURSDAY'S ACTIVITIES:

AM-Bogey's- Bus leaves at 9 and returns at 12
PM-Volleyball, Soccer

MENU:

AM SNACK: Bagels and Jelly & Carrots
LUNCH: Spaghetti
PM SNACK: Crackers and Cheese

FRIDAY'S ACTIVITIES:

AM-Kids Choice/ Coaches Choice
PM-Water Fun-Bring suit, towel, sunscreen

MENU:

AM SNACK: Rice Crispies
LUNCH: Tacos (beef, lettuce, cheese)/ Nacho
Chips
PM SNACK: Party Mix & Fruit

***Alert Staff of ANY FOOD ALLERGIES**

**KEVA SPORTS CENTER
608-662-7529**

***IF your child will not or cannot eat
the snacks and lunches provided,
please send a
substitute with them that day.**