

Super Sports Camp Aug 4-8
8am-4:30



MONDAY'S ACTIVITIES:

AM-Team Games, Relays
PM-Basketball, Soccer

MENU:

AM SNACK: Pretzels & Apples
LUNCH: Pizza (cheese or pepperoni)
PM SNACK: Goldfish (Cheddar) & Oranges

TUESDAY'S ACTIVITIES:

AM-Rock Wall @ KEVA, Floor Hockey
PM-Flag Football, Dodgeball

MENU:

AM SNACK: Animal Crackers & Carrots
LUNCH: Chicken Nuggets/ Chips
PM SNACK: Party Mix & Apples

WEDNESDAY'S ACTIVITIES:

AM-Fast Forward Bus leaves at 9:30 returns at 12
*Bring Skates if you have them/Rentals available
free
PM-Sand Volleyball, Ultimate Frisbee, Games

MENU:

AM SNACK: Goldfish (cheddar)
LUNCH: Subway- Turkey & Chips & Carrots
PM SNACK: Popsicles & Apples

THURSDAY'S ACTIVITIES:

AM-Volleyball, AMA Martial Arts @ KEVA
PM-Swim West Bus leaves at 12:30 returns at 3:30

MENU:

AM SNACK: Rice Crispies & Oranges
LUNCH: Tacos (beef, lettuce, cheese)/ Nacho
Chips
PM SNACK: Graham Crackers & Apples

FRIDAY'S ACTIVITIES:

AM-Kids /Coaches Choice
PM-Water Fun-Bring suit, towel, sunscreen

MENU:

AM SNACK: Bagels & Jelly
LUNCH: Hot Dogs/ Chips
PM SNACK: Fruit Snacks

***Alert Staff of ANY FOOD ALLERGIES**

KEVA SPORTS CENTER
608-662-7529

***IF your child will not or cannot eat
the snacks and lunches provided,
please send a
substitute with them that day.**