

**Super Sports Camp    Aug 18-22**  
**8-4:30**



**MONDAY'S ACTIVITIES:**

AM-Team Games, Kickball  
PM-Soccer, Basketball

**MENU:**

AM SNACK: Bagels & Jelly & Watermelon  
LUNCH: Hot Dogs/ Chips  
PM SNACK: Graham Crackers & Apples

**TUESDAY'S ACTIVITIES:**

AM-Rock Wall @ KEVA, Games  
PM-Flag Football, Floor Hockey, Games

**MENU:**

AM SNACK: Goldfish (cheddar) & Bananas  
LUNCH: Chicken Nuggets/ Chips  
PM SNACK: Pretzels & Apples

**WEDNESDAY'S ACTIVITIES:**

Crystal Lake- Lodi  
Bring Suit, Towel, Sunscreen  
Bus leaves at 9:30 and returns at 3:30

**MENU:**

AM SNACK: Animal Crackers & Carrots  
LUNCH: Subway- Turkey & Chips & Carrots  
PM SNACK: Party Mix & Apples

**THURSDAY'S ACTIVITIES:**

AM-Basketball, Soccer, Dodgeball  
PM-Swim West Bus leaves at 12:30 returns at 3:30  
Volleyball

**MENU:**

AM SNACK: String Cheese & Oranges  
LUNCH: Tacos (beef, lettuce, cheese)/ Nacho  
Chips  
PM SNACK: Fruit Snacks & Bananas

**FRIDAY'S ACTIVITIES:**

AM-Kids/Coaches Choice  
PM-Water Fun-bring suit, towel, sunscreen

**MENU:**

AM SNACK: Pretzels & Fruit  
LUNCH: Pizza (cheese or pepperoni)  
PM SNACK: Goldfish (Cheddar) & Fruit

**\*Alert Staff of ANY FOOD ALLERGIES**

**KEVA SPORTS CENTER**  
**608-662-7529**

**\*IF your child will not or cannot eat  
the snacks and lunches provided,  
please send a  
substitute with them that day.**